

We are so excited you have chosen Butler Memorial Hospital for this very special delivery!



wellbe

Supporting Pregnancy with the wellbe.me Program

Our expert team of doctors, certified nurse midwives and registered nurses want you to be prepared and will work with you to create the birth experience you want.

Your care team has designed an online program to complement the BHS in-person classes to provide you everything you need to know and do to help you plan for your best birthing experience.

FEATURES OF THE PROGRAM INCLUDE:

- Get checklists and reminders to make planning less stressful
- Convenient access to approved educational materials, informative videos and resources
- Ability to do your planning and complete forms online to simplify your paperwork
- Provide your care team with important feedback concerning your experience

Participation in the online program is free for our patients.

Enrollment begins at 28 weeks. To participate in the online program you will need access to the internet and email, via a computer, smart phone or tablet.

REGISTRATION

Your care team will develop the online program to provide you with the necessary information you need to know for your delivery at Butler Memorial Hospital. At 28 weeks, your care team will enroll you, or call us and we will help you get started.

Call 844-765-2845 to enroll today!

PREPARING FOR CHILDBIRTH

To get started in the program, the care team will enroll you using your email address. Your information is secure and will never be shared.

Once you are enrolled, you will receive weekly emails that focus on getting you ready for your delivery. This includes:

- birthing prep
- what to expect in the hospital
- how to best be prepared for labor and delivery
- what to expect when you are home after discharge
- baby care

The program contains literature, videos, approved links and resources, along with survey questions and printable forms for your use.

We value your opinion and want to hear about your experience.

After you deliver, you will receive two emails, each a week apart, that include satisfaction survey questions. This information is important as we continue to improve our family centered care approach to your labor and delivery experience.

Our program goal is to have you better prepared for your best birthing experience.